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ORIGINAL ARTICLE

Clinicopathological and immunohistochemical characteristics of bullous pilomatrixoma: a retrospective, single-center study, and comparison with ordinary pilomatrixoma[☆]



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Abstract

Background: Bullous pilomatrixoma is a rare variant of pilomatrixoma. As it has been published in sporadic case reports, a limited understanding of its clinicopathological characteristics restricts its effective diagnosis and treatment.

Objectives: This study aimed to analyze the clinicopathological and immunohistochemical characteristics of bullous pilomatrixoma to better understand the bullous transformation of pilomatrixoma.

Methods: The authors conducted a retrospective study of 12 patients with bullous pilomatrixoma and compared their clinical, histopathological, and immunohistochemical data with those of patients with ordinary pilomatrixoma.

Results: Bullous pilomatrixoma showed no sex preference, with a mean onset age of 31.2 years. The common sites were the upper extremities and trunk. Bullous pilomatrixoma had a shorter disease duration, a larger diameter, and a greater tendency to increase in size than those of ordinary pilomatrixoma. Histopathologically, bullous pilomatrixoma had a shorter duration, lesser calcification, more mitotic figures, and distinct dermal features from those of ordinary pilomatrixoma. Immunohistochemically, the expression of Matrix Metalloprotease (MMP)-2, MMP-9, vascular endothelial growth factor receptor-3 (VEGFR-3), and VEGF-C was elevated.

Study limitations: The study was retrospective, and the sample size was small.

[☆] Study conducted at the Department of Dermatology, Jeonbuk National University Medical School, Jeonju, Jeollabuk-do, Republic of Korea.

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Conclusion: The distinctive features of bullous pilomatrixoma potentially result from dermal changes associated with the release of angiogenic factors and proteolytic enzymes. This comprehensive analysis provides novel insights into the clinical features and pathogenesis of bullous pilomatrixoma.

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Introduction

Pilomatrixoma, also known as calcifying epithelioma of Malherbe, is a benign neoplasm originating from hair matrix cells.^{1–3} It presents as a solitary, firm, deep-seated nodule with normal overlying skin. Bullous pilomatrixoma is a rarely reported morphological variant, characterized by a soft, heavily folded, striae-like skin appearance overlying the tumor or pseudo-bulla formation.^{4–9} Histopathological features of disrupted dermal collagen fibers, dermal lymphatic dilation, and lymphedema have been reported in cases of bullous pilomatrixoma.^{9,10} To date, only a few sporadic cases of bullous pilomatrixoma have been published as case reports, with one literature review.^{5–9,11–19} A Limited understanding of clinicopathological characteristics hampers proper clinical diagnosis and treatment.

Various theories have been proposed to explain the origin of bullous type pilomatrixoma. 1) Mechanical irritation, 2) Obstruction of lymphatic vessels and congestion of lymphatic fluid caused by the pressure of the pilomatrixoma's hardcore, and 3) The release of elastolytic enzymes from tumor cells or infiltrating inflammatory cells to induce disruption of collagen fibers and dilatation of lymphatics have been implicated as triggering factors.^{7–9} In this study, the authors aimed to identify new informative features, including traumatic history, tumor nodule size, disease duration, and angiogenic/lymphangiogenic factors or proteolytic enzymes with bullous pilomatrixoma.

The authors evaluated the clinicopathological and immunohistochemical features of 12 patients with bullous pilomatrixoma and assessed the development of bullous morphology. This is the first comprehensive study to analyze bullous pilomatrixoma cases diagnosed in a single center in Korea.

Methods

Patients

The authors retrospectively studied 12 patients diagnosed with bullous pilomatrixoma at the JBUH between January 2009 and May 2018. This study was approved by the institutional review board. Informed consent was obtained from all patients.

Clinical findings

The following demographic and clinical data were collected: age, sex, site, duration, clinical impression, history of trauma, size, and change in size.

Histopathological findings

The biopsy samples were fixed in 10% formalin and embedded in paraffin wax. Then, 4 µm-thick sections were stained with Hematoxylin and Eosin (H&E), elastic (Roche, Basel, Switzerland), and Elastica-van Gieson (EVG, Muto, Tokyo, Japan). Two dermatopathologists evaluated the following histopathological data from Hematoxylin and Eosin (H&E) staining of all biopsied specimens: tumor (chronological stage, squamous epithelium, basaloid epithelium, transitional cell, shadow cell, inflammatory infiltrates, giant cell, calcification, and mitosis) and dermal changes (dilatation of lymphatics and blood vessels, increase in the number of lymphatics and blood vessels, edema, increase in the interstitial space, sparsity and disruption of collagen fibers, and sparsity of elastic fibers). The chronological stages were histopathologically categorized into early, fully developed, early regressive, and late regressive.²⁰ The early lesion (Stage 1) was a small cyst lined by squamous and basaloid epithelium containing keratin filaments and shadow cells. The fully developed lesion (Stage 2) was a large cornified eosinophilic mass containing shadow cells with a peripheral lining of the basaloid epithelium. Early regressive lesions (Stage 3) showed inflammatory infiltrates with multinucleated histiocytic giant cells. At the periphery, small foci of basaloid cells were found. The late regressive lesion (Stage 4) was an irregularly shaped, confluent mass of eosinophilic hair matrix material and shadow cells, with varying degrees of calcification and ossification. It was surrounded by hyalinized and sclerotic stroma. This stage had very few, if any, inflammatory infiltrates. When two or more stages were observed simultaneously, the stage with the most dominant features was selected. The determination of the dermal histopathological findings of collagen and elastic fibers was re-examined by Elastic and EVG staining of all the specimens.

Immunohistochemical findings

Immunohistochemical staining was performed on paraffin-embedded sections, according to the manufacturer's instructions and established laboratory protocols. The following primary antibodies were used: CD31 (Dako, Glostrup, Denmark; dilution 1:1000), CD34 (Roche, Basel, Switzerland; RTU), D2-40 (Roche, Basel, Switzerland; RTU), MMP-2 (Abcam, Cambridge, UK; ab97779; dilution 1:1000), MMP-9 (Abcam, Cambridge, UK; ab137867; dilution 1:2000), VEGFR-3 (Abcam, Cambridge, UK; ab27278; dilution 1:100), and VEGF-C (Abcam, Cambridge, UK; ab9546; dilution 1:100). The dermal histopathological findings of lymphatic and blood vasculature were re-examined for all specimens using CD31, CD34, and D2-40 staining by two dermatopathologists.

Two dermatopathologists also evaluated the immunoreactivity of MMP-2, MMP-9, VEGFR-3, and VEGF-C using the H-score, which assesses both the staining intensity and fraction of stained cells at each intensity.^{21,22} The staining intensity was scored as "0" for no evidence of staining, "1+" for weak staining, visible with high magnification, "2+" for moderate staining, "3+" for strong staining, and visible at low magnification. The percentage of stained cells (0%–100%) at each staining intensity was determined visually. The H-score was calculated by the formula: $0 \times (\text{percentages of } '0' \text{ cells}) + 1 \times (\text{percentages of } '1+' \text{ cells}) + 2 \times (\text{percentages of } '2+' \text{ cells}) + 3 \times (\text{percentages of } '3+' \text{ cells})$, with a range of 0 to 300.

Comparative analysis of bullous and ordinary pilomatrixoma

To comprehensively investigate the differences in clinical features between bullous and ordinary pilomatrixoma, the authors analyzed 159 cases from 150 patients with biopsy-proven ordinary pilomatrixoma during the same period at JBUH. Five patients had two lesions; one patient had three pilomatrixoma-related lesions, and two patients experienced recurrence. To analyze the histopathological and immunohistopathological features of the dermis and tumor, 143 cases of ordinary pilomatrixoma specimens were excluded: 1) Enucleation biopsied tumor specimen without dermal tissue or 2) Torn, disoriented specimen because it was not sufficient to evaluate the features of bullous transformation in the dermis. The histopathological and immunohistopathological features of 16 completely excised ordinary pilomatrixoma specimens, including the epidermis, dermis, and tumor, were evaluated.

Statistical analysis

Statistical analyses were performed using SPSS version 25 (SPSS Inc., Chicago, IL, USA) and R version 4.2.1. All clinical and histopathological data were analyzed using the chi-square test or Fisher's exact test, except for the chronological stage data. The authors used the chi-square test if the expected cell frequencies < 5 were less than 20%, and Fisher's exact test if the expected cell frequencies < 5 were more than 20%. The chi-square test was used to analyze the data of the squamoid epithelium, increased lymphatics, dilated blood vessels, edema, increased interstitial space, sparse elastic fibers, and sparse collagen fibers, whereas the other data were analyzed using Fisher's exact test. Meanwhile, the chronological stage (Stages: 1–4) and immunohistochemical reactivity (H-score: 0–300) were evaluated using R, the Wilcoxon rank sum test because their ordered categories exhibited a significant linear trend. Results with a p-value < 0.05 were considered statistically significant.

Results

Clinical findings

Bullous pilomatrixoma showed no gender preference, and ordinary pilomatrixoma had a female predilection (M:F ratio = 1:1.79). Bullous pilomatrixoma occurred predominantly in patients aged 10–19 years (58.3%), followed by those aged 50–59 years (25.0%). Conversely, ordinary pilomatrixoma occurred predominantly in patients aged 0–9 years (44.7%), followed by those aged 10–19 years (31.4%). The mean ages of onset were 31.2 and 15.5 years for bullous pilomatrixoma and ordinary pilomatrixoma, respectively (Table 1).

Only 5 (41.7%) bullous pilomatrixoma cases were clinically diagnosed as pilomatrixoma, while 66% of ordinary pilomatrixoma cases were clinically diagnosed as pilomatricoma. Bullous pilomatrixoma was found most frequently in the upper extremities (41.7%), followed by the trunk (25.0%), while ordinary pilomatrixoma was found most frequently in the face (54.1%), followed by the upper extremities (22.6%).

Bullous pilomatrixoma was detected in 10/11 (90.9%) patients within three months, and ordinary pilomatrixoma was detected in only 43/134 (32.1%) patients within the same period. The size of bullous pilomatrixoma was greater than 1.0 cm in all 12 patients (100%), whereas that of ordinary pilomatrixoma was less than 1.0 cm in 73/159 (52.2%) patients. The mean tumor size was 1.68 cm for bullous pilomatrixoma and 0.99 cm for ordinary pilomatrixoma. All recorded cases of bullous pilomatrixoma (8/8, 100%) complained of an increase in tumor size. Four patients with bullous pilomatrixoma had a history of trauma to the lesion, and 18 patients with ordinary pilomatrixoma had a history of injury (Table 2, Fig. 1).

Histopathological findings

In histopathologic data of tumors, the difference in chronological stage, calcification, and mitotic figures between patients with both types of pilomatrixoma was statistically significant. Of the 12 patients with bullous pilomatrixoma, 7 (58.3%) and 5 (41.7%) were diagnosed with chronological stages 3 and 2, respectively. Of the 16 patients with ordinary pilomatrixoma, 12 (75.0%), 3 (18.8%), and 1 (6.3%) were diagnosed with stages 3, 4 and 2, respectively. Calcification and mitotic figures were observed in 5 (41.7%) and 8 (66.7%) patients with bullous pilomatrixoma, respectively. Meanwhile, 14 (87.5%) and 3 (18.8%) patients with ordinary pilomatrixoma showed calcification and mitotic figures, respectively.

Unlike ordinary pilomatrixoma, nearly all patients with bullous pilomatrixoma showed dermal changes, including dilated (66.7%) or increased (100%) lymphatics, dilated (83.3%) or increased (100%) blood vessels, dermal edema (100%), increased interstitial space (100%), sparse elastic fibers (100%), sparsity (100%), and disruption (66.7%) of collagen fibers (Table 3, Fig. 1).

Table 1 Demographic data of patients with pilomatrixoma.

	Bullous pilomatrixoma	Ordinary pilomatrixoma	p-value
Number of patients	12	150	
Number of cases	12	159 ^b	
Sex			0.362
Male	6/12	(50.0%)	
Female	6/12	(50.0%)	
Sex ratio (M:F)	1:1	1:1.79	
Age (years)			0.001 ^a
0–9	0/12	(0%)	
10–19	7/12	(58.3%)	
20–29	1/12	(8.3%)	
30–39	0/12	(0%)	
40–49	0/12	(0%)	
50–59	3/12	(25.0%)	
60–69	0/12	(0%)	
70–79	0/12	(0%)	
80–89	1/12	(8.3%)	
Mean age	31.2	years	15.5
			years

^a p-values of <0.05 were considered statistically significant.

^b Among 150 patients with ordinary pilomatrixoma, five patients had two lesions, one patient had three pilomatrixoma-related lesions, and two patients experienced recurrence.

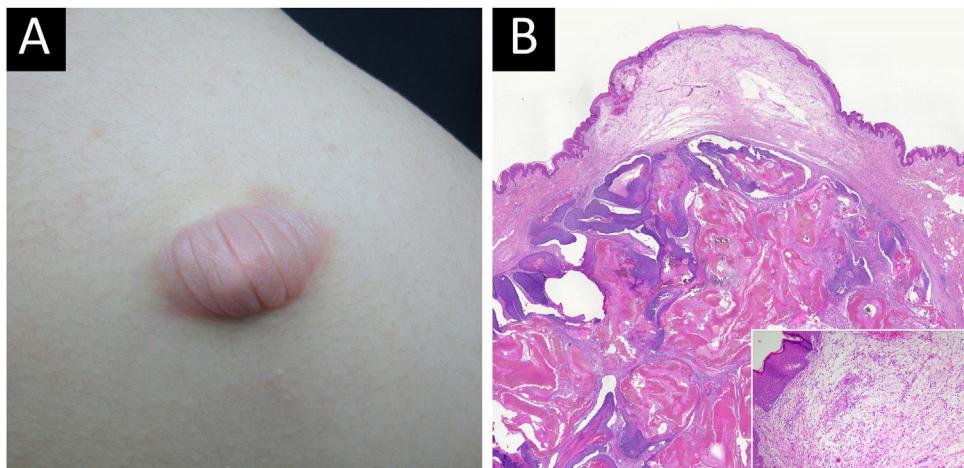


Figure 1 Bullous pilomatrixoma. Clinical appearance (A) and histopathological features (B) Chronological stage 2, Hematoxylin & Eosin, scanning view, inset: ×100.

Immunohistochemical findings

MMP-2, MMP-9, VEGFR-3, and VEGF-C were expressed in dermal inflammatory cells and endothelial cells (Fig. 2). In patients with bullous pilomatrixoma, MMP-2- and MMP-9-positive cells had higher H-scores than those in patients with ordinary pilomatrixoma. Moreover, VEGFR-3 and VEGF-C expression levels in patients with bullous pilomatrixoma were higher than those in patients with ordinary pilomatrixoma. The differences in immunoreactivity of MMP-2, MMP-9, VEGFR-3, and VEGF-C in the bullous and ordinary groups were statistically significant (Fig. 3).

Discussion

Bullous pilomatrixoma is a rare variant of pilomatrixoma that usually presents as a semi-transparent, wrinkled blister with a firm underlying nodule.⁹ In the present study, three-fifths of the cases with bullous pilomatrixoma were clinically misdiagnosed as other diseases before histopathological confirmation, highlighting that the peculiar morphology of bullous pilomatrixoma makes diagnosis difficult. Nonetheless, the present results revealed that bullous pilomatrixoma has distinguishing demographic and clinical features in terms of age of onset, predilection sites, tumor size, and growth

Table 2 Clinical differences between bullous and ordinary pilomatrixcoma.

	Bullous pilomatrixcoma		Ordinary pilomatrixcoma	p-value
Clinical impression^a				
Pilomatrixoma	5/12	(41.7%)	105/159	(66.0%)
Hemangioma	3/12	(25.0%)	0/159	(0.0%)
Epidermal cyst	0/12	(0.0%)	37/159	(23.3%)
Trichilemmal cyst	1/12	(8.3%)	2/159	(1.3%)
Dermoid cyst	0/12	(8.3%)	2/159	(1.3%)
Lipoma	1/12	(0.0%)	2/159	(1.3%)
Others	2/12	(16.7%)	11/159	(6.9%)
Total	12/12	(100.0%)	159/159	(100.0%)
Location^a				
Scalp	2/12	(16.7%)	5/159	(3.1%)
Face	1/12	(8.3%)	86/159	(54.1%)
Neck	1/12	(8.3%)	18/159	(11.3%)
Upper extremity	5/12	(41.7%)	36/159	(22.6%)
Lower extremity	0/12	(0%)	4/159	(2.5%)
Trunk	3/12	(25.0%)	10/159	(6.3%)
Total	12/12	(100.0%)	159/159	(100.0%)
Duration^a				
0 < D ≤ 3 months	10/11	(90.9%)	43/134	(32.1%)
3 < D ≤ 12 months	1/11	(9.1%)	65/134	(48.5%)
D > 12 months	0	(0.0%)	26/134	(19.4%)
Total	11/11	(100.0%)	134/134	(100.0%)
NA	1/12		25/159	
Size^a				
0 < S < 0.5 cm	0/12	(0%)	14/159	(8.8%)
0.5 cm ≤ S < 1.0 cm	0/12	(0%)	69/159	(43.4%)
1.0 cm ≤ S < 1.5 cm	5/12	(41.7%)	53/159	(33.3%)
1.5 cm ≤ S < 2.0 cm	3/12	(25.0%)	16/159	(10.1%)
2.0 cm ≤ S < 2.5 cm	2/12	(16.7%)	4/159	(2.5%)
2.5 cm ≤ S < 3.0 cm	1/12	(8.3%)	1/159	(0.6%)
S ≥ 3.0 cm	1/12	(8.3%)	2/159	(1.3%)
Total	12/12	(100.0%)	159/159	(100%)
Change of size				
No change	0/8	(0.0%)	23/90	(25.6%)
Increase in size	8/8	(100.0%)	64/90	(71.1%)
Decrease in size	0/8	(0.0%)	3/90	(3.3%)
Total	8/8	(100.0%)	90/90	(100.0%)
NA	4/12		69/159	
Trauma History				
History (+)	4/6	(66.7%)	18/47	(38.3%)
History (-)	2/6	(33.3%)	29/47	(61.7%)
NA	6/12		112/159	

NA, Not Available (complete information was not available from the medical records of patients); M, Male; F, Female; D, Duration; S, Size.

^a p-values of <0.05 were considered statistically significant.

rate, which could facilitate a proper diagnosis. Approximately 60% of pilomatrixoma develop in the first two decades of life, mostly in the first decade,^{1,4,23} and the ordinary group in this study showed a similar age distribution. Bullous pilomatrixoma in this study did not affect individuals under the age of ten, and the mean age of patients susceptible to bullous pilomatrixoma was higher than that of patients susceptible to ordinary pilomatrixoma (31.2 years vs. 15.5 years). The common sites of pilomatrixoma lesions are typically the head, upper limbs, neck, trunk, and lower

limbs, in decreasing order of frequency,^{1,2,24} as shown in patients with ordinary pilomatrixoma in this study. Bullous pilomatrixoma appeared most frequently on the upper extremities (n=5, 41.7%) and trunk, especially the shoulder (n=3, 25.5%). These results are consistent with the review by Chen et al., in which 11/16 reported cases of bullous pilomatrixoma were found on the shoulder or upper arm.⁹ In this study, bullous pilomatrixoma clinically showed shorter disease duration, larger tumor size, and an increase in tumor size compared with ordinary pilomatrixoma. Bul-

Table 3 Histopathological differences between bullous and ordinary pilomatrixoma.

	Bullous Pilomatricoma		Ordinary Pilomatricoma		p-value
Tumor					
Chronological stage ^a					0.013 ^a
1. Early	0/12	(0.0%)	0/16	(0.0%)	
2. Fully developed	5/12	(41.7%)	1/16	(6.3%)	
3. Early regressive	7/12	(58.3%)	12/16	(75.0%)	
4. Late regressive	0/12	(0.0%)	3/16	(18.8%)	
Squamoid epithelium	5/12	(41.7%)	7/16	(43.8%)	0.912
Basaloid epithelium	12/12	(100.0%)	13/16	(81.3%)	0.238
Transitional cell	12/12	(100.0%)	11/16	(68.8%)	0.053
Shadow cell	12/12	(100.0%)	16/16	(100.0%)	
Inflammatory infiltrates	12/12	(100.0%)	15/16	(93.8%)	1
Giant cell	12/12	(100.0%)	14/16	(87.5%)	0.492
Calcification ^a	5/12	(41.7%)	14/16	(87.5%)	0.017 ^a
Mitosis ^a	8/12	(66.7%)	3/16	(18.8%)	0.019 ^a
Dermal change					
Dilated lymphatics ^a	8/12	(66.7%)	2/16	(12.5%)	0.005 ^a
Increased lymphatics ^a	12/12	(100.0%)	1/16	(6.3%)	0.000 ^a
Dilated blood vessels ^a	10/12	(83.3%)	4/16	(25.0%)	0.006 ^a
Increased blood vessels ^a	12/12	(100.0%)	6/16	(37.5%)	0.001 ^a
Edema ^a	12/12	(100.0%)	0/16	(0.0%)	<0.001 ^a
Increased interstitial space ^a	12/12	(100.0%)	0/16	(0.0%)	<0.001 ^a
Sparse elastic fibers ^a	12/12	(100.0%)	0/16	(0.0%)	<0.001 ^a
Sparse collagen fibers ^a	12/12	(100.0%)	0/16	(0.0%)	<0.001 ^a
Disruption of collagen fibers ^a	8/12	(66.7%)	0/16	(0.0%)	<0.001 ^a

^a The p-values of < 0.05 were considered statistically significant.

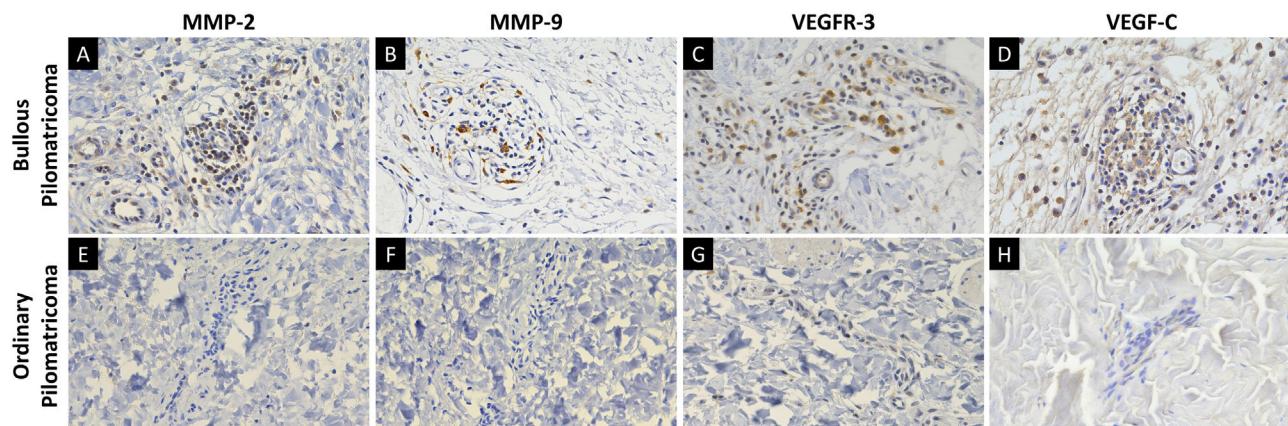


Figure 2 Immunohistochemical staining for MMP-2, MMP-9, VEGFR-3, and VEGF-C in bullous pilomatricoma (A–D) and ordinary pilomatricoma (E–H) with magnification ($\times 400$).

lous pilomatricoma histopathologically revealed an earlier chronological stage, less calcification, and more mitotic figures than ordinary pilomatricoma. These results suggest that bullous pilomatricoma increases by over 1 cm in size in a relatively short period. Accordingly, early diagnosis and surgical decisions are crucial for the management of bullous pilomatricoma.

Bullous pilomatricoma has been designated as pseudobullous pilomatricoma in some literature because the blister-like spaces are filled with lymphatic fluid.⁶ In this study, bullous pilomatricoma showed degradation of con-

nective tissue and development of vasculature in the dermis, whereas ordinary pilomatricoma showed only minimal histopathological changes in the dermal vasculatures. These distinct dermal histopathological features were consistent with its bullous morphology which is, more precisely, pseudobullous changes. Members of the MMP family can proteolytically degrade the extracellular matrix and facilitate cell migration.²⁵ Several studies have demonstrated that MMPs are involved in the development of mid-dermal elastolysis and neoangiogenesis.^{26–28} A recent study demonstrated an association between MMP-9 and-

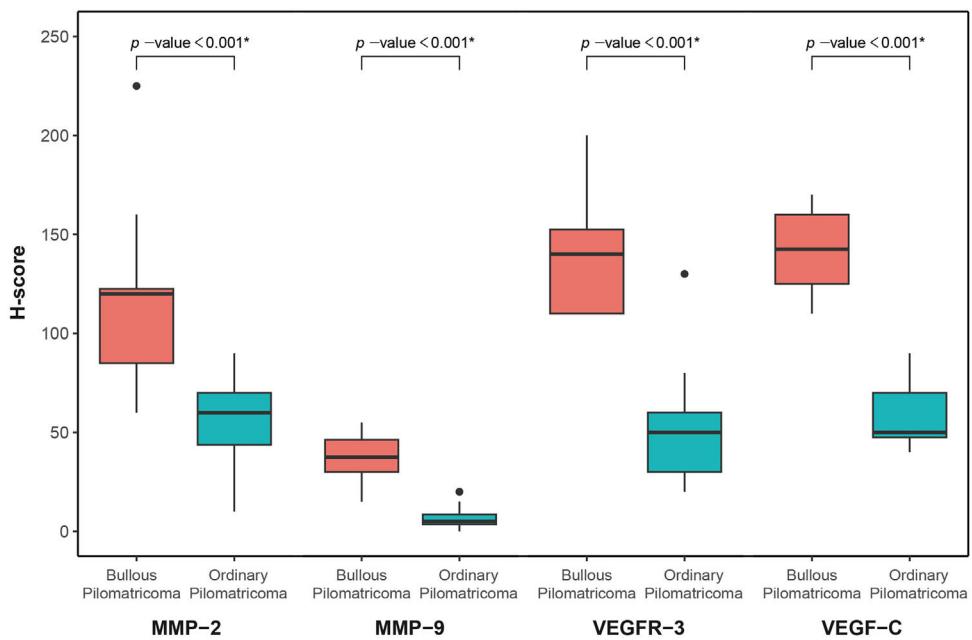


Figure 3 Box plot showing the result of immunohistochemical analysis using H-score in bullous and ordinary pilomatrixoma for MMP-2, MMP-9, VEGFR-3, VEGF-C by Wilcoxon rank sum test.

12 expression and three cases of bullous-like/anetodermic pilomatrixoma.¹⁹ Hence, the authors evaluated the expression of MMP-2 and MMP-9, members of the gelatinase family, which were found to be highly expressed in the dermal inflammatory cells of bullous pilomatrixoma. It is assumed that these proteins facilitate the degradation of collagen and elastin fibers and, hence, the tumor growth of bullous pilomatrixoma.

The primary role of the lymphatic system is to maintain tissue fluid homeostasis, the dysfunction of which can result in lymphedema and pathological lymphangiogenesis, causing inflammation and tumor metastasis.^{29,30} VEGFR-3 and its ligand, VEGF-C, are potent inducers of lymphatic vascular development.²⁹ This study showed that VEGFR-3 and VEGF-C expression was significantly higher in dermal inflammatory cells and vascular endothelium with bullous pilomatrixoma than in those with ordinary pilomatrixoma. This is the first study on the expression of VEGF-C and VEGFR-3 in bullous pilomatrixoma. It is important to investigate further whether VEGF-C- and VEGFR-3-induced lymphangiogenesis in patients with bullous pilomatrixoma is associated with a dermal inflammatory response and/or tumor progression.

Various theories have been proposed to explain the origin of bullous pilomatrixoma. Inui et al. suggested that mechanical irritation can result in the formation of bullous pilomatrixoma.⁷ However, in this study, only four patients with bullous pilomatrixoma had a history of trauma, and none of the 18 patients with ordinary pilomatrixoma who had a traumatic accident developed bullous tumors. According to Chen et al., a local mechanical scratching history was reported in only 2 out of 16 cases of bullous pilomatrixoma.⁹ Meanwhile, the prevalence of bullous pilomatrixoma in the upper extremities and arms implies a high probability of exposure to trauma, and patients

might have forgotten the traumatic events with unrecognizable weak intensity, such as friction. Therefore, the theory proposing a mechanical irritation-induced bullous transformation of ordinary pilomatrixoma requires further validation.

In addition, it has been suggested that additional pressure on the pilomatrixoma's hardcore or the growth area of the tumor nodule can block lymphatic vessels and cause lymphatic fluid leakage.^{7,8} It has been further suggested that the tumor and/or inflammatory cells secrete elastolytic enzymes that degrade the extracellular matrix.^{7,9} In this study, bullous changes were not observed in 26 patients with ordinary pilomatrixoma that lasted more than 1 year and in 76 patients with ordinary pilomatrixoma of size greater than 1 cm. Overall, bullous pilomatrixoma may occur from the dermal release of MMPs, VEGFR-3, and VEGF-C rather than the degenerative change induced by traumatic stimulus or the growing or longstanding tumor nodule pressure, although additional studies are needed.

Conclusion

This study revealed that bullous pilomatrixoma is clinically characterized by a rapidly growing tumor greater than 1 cm with a predilection for the upper extremity and shoulder in older patients and histopathologically by loose dermal connective tissue with vasculature development, compared with ordinary pilomatrixoma. These distinct clinicopathological features are likely to be associated with the dermal release of MMPs, VEGFR-3, and VEGF-C. While further investigation with a larger cohort is warranted, the present study might improve the present understanding of the pathogenesis and aid in the diagnosis and treatment of bullous pilomatrixoma.

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None declared.

IRB approval status

They are reviewed and approved by the Institutional Review Board of JBNUH (IRB n° 2019-04-061-001).

Conflicts of interest

None declared.

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